

ASTHMA MEDICINES

CONTROLLER MEDICINES

- These medicines ***control*** asthma
- Decrease swelling and mucus
- Use them to prevent asthma flare-ups before they happen
- Should be taken ***every day***, even when your child feels well
- Do ***not*** work to relieve asthma flare-ups once symptoms begin



RELIEVER MEDICINES (Also known as Rescue or Quick Relief Medicines)

- These medicines ***relieve*** asthma symptoms
- Reliever medicines relax airway muscles
- Use when asthma symptoms appear
 - Or before exercising
 - Or when indicated by your doctor



- See the enclosed handouts for instructions on how to use these medicines.
- Follow your asthma action plan for when to use these medicines.