



Controlling Asthma in American Cities Project: Minneapolis / Saint Paul

Care and Cleaning Spacers

Regular cleaning will prevent powder accumulation inside the device.

1. Remove the rubber-like end of the chamber that holds the inhaler.
2. Soak both parts in warm water with a mild detergent for 15 minutes. Agitate gently to dislodge or loosen any residue.
3. Rinse the parts with clean, warm water. Shake of the excess water and allow chamber to air dry
4. Replace the rubber end when the chamber is completely dry and ready for use.
5. Over time the flap valve may harden and start to curl. If this happens, the device should be replaced.

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