

# Proven pathway: Planned asthma visits

Goal: Create planned “well” asthma preventive visits  
Chronic care model: Delivery system design, self-management



## Snapshot

Clinic A:

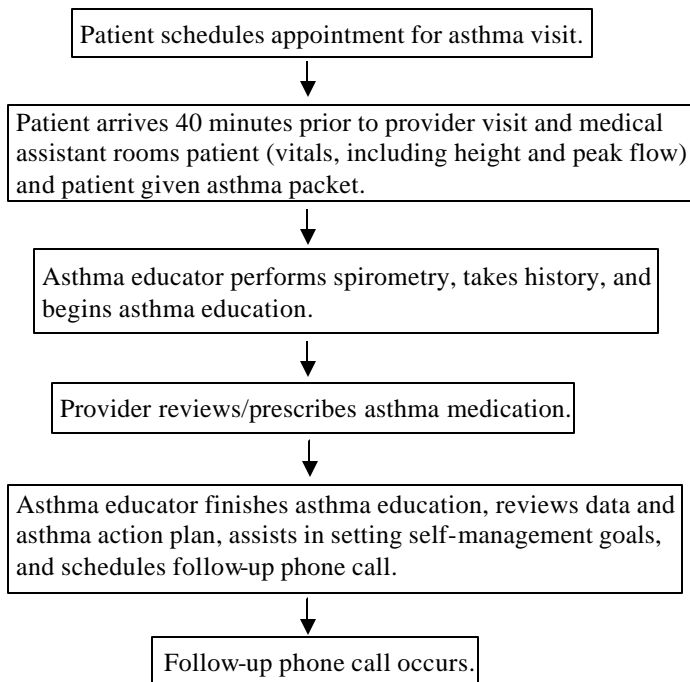
1. Planned asthma visits occur one ½ day a month
2. Patients are scheduled to arrive 40 minutes prior to provider visit, and are informed of what the visit will entail
3. Patients arrive 40 minutes prior to provider visit and medical assistant rooms patients (height, peak flow, asthma packet)
4. Asthma educator performs spirometry, takes patient history, and begins asthma education
5. Provider reviews history, spirometry results and prescribes appropriate asthma medication
6. Asthma educator finishes asthma education, reviews asthma action plan, assists patient in setting self-management goals, and schedules follow-up phone call
7. Follow-up phone call occurs

Clinic B: Asthma Days from Dr. Kurtis Elward’s practice in Charlottesville, VA

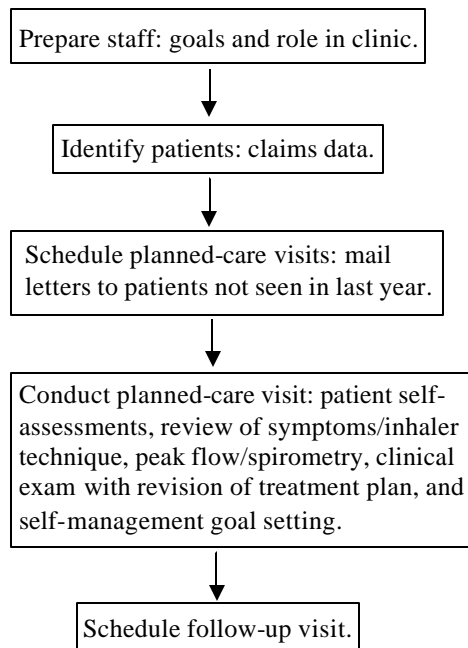
1. Prepared staff: staff education about goals and importance of high-quality asthma care and defining each person’s role in Asthma Days
2. Identified patients: using claims data
3. Scheduled planned-care visits: mailed letters to patients not seen within past year; as patients called to make appointment, patients were scheduled into one of six half days set aside for asthma visits
4. Conducted planned-care visits: patient self-assessments, review of symptoms and direct observation of the patient’s inhaler technique, objective clinical reassessment by peak flow meter or spirometry, clinical exam and assessment with revision of treatment plan, discussion of goal setting and self-management including the development or review of asthma action plan
5. Scheduled follow-up appointment

## Flow diagram

Clinic A:



Clinic B:



## Implementation details/considerations

Outcomes from Asthma Days—severity classification increased from 20% to 90%, use of inhaled corticosteroids increased from 50% to 87%, and number of patients with persistent asthma who had asthma action plans increased from 20% to 80%. Revenue increased for Dr. Elward in one year by nearly \$13,000.