

SIDA LOO ISTICMAALO AALADDA HAWADA EE NEBULIZER

(HOW TO USE THE COMPRESSOR-DRIVEN NEBULIZER-Somali)

Iskuduwidda Nebulizer:

1. Gacmahaaga iska dhaq.
2. Dhammaan qaybaha uu nebulizer ka koobanyahay ka soobixi bokiska balaastikada, oo ay kamid yihiin qalabka afka lagu xirto, tubada laabmeysa, galaaska nebulizer, iyo tuboyiinka wax isku xira.
3. Isku aruuri nebulizer adigoo t-piece ku dhejinaya galaaska nebulizer, kaddibna hal dhinac kaga dhey tubada laabmaysa ee dhinaca dambe ee t-piece iyo dhinaca kalena qaybta afka lagu la-gelinayo ama waji daboolaha
4. Ku lifaaq tubooyinka dibadda ku yaalla waxaadna gelisa dhinaca hoose ee galaaska nebulizer. Dhinaca kale ee nebulizer ku dheji nebulizer hawada isku keena.

Isticmaalka Nebulizer:

1. Kursi fiican si toosan ugu fariiso. Ilmaha ama cunug yari dhabta ama gacmaha ayaa si toosan loogu fariisin karaa.
2. Qaybta afka waxaad gelisaa afka ama afdaboolaha ilmaha ama cunuga.
3. Waxaad wareejisa aaladda hawadda isu keenta on ha ahaato qaabka “on”.
4. Ku neefso qaybta afka ama afdaboolaha,adiga oo si weyn u neefsanaya marka aad caadi dhowr goor u neefsatid. Sii wad ilaa uu galaaska hawada uu ay ka soo yeerta dhawaaq sida calyada oo kale. Galaaska luxlux ama garaac adigoo neefsashada ku sii wadaya afdaboolaha ilaa ay dhammaan biyihii ku jiray galaaska hawada ay wada dhammaadaan.

